



PT ID: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

PCP: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_\_

18 Month Old Parent Observations

Are there any concerns you would like to discuss today? \_\_\_\_\_

Feedings:

Any concerns about feedings or weight gain? YES NO
Does your child eat well (i.e. has consistent appetite, not took picky)? YES NO
Your child's diet consists of: (check all that apply)

- Breastmilk Whole Milk (# of oz/day: \_\_\_\_\_) Juice (# of oz/day: \_\_\_\_\_)
Fruits Vegetables Meats Grains Table foods

Any concerns about voiding or stooling? (i.e. constipation, diarrhea) YES NO
Any concerns about sleep? YES NO

Development:

Are you reading to your child? YES NO
Does your child watch TV/tablet/phone/have other screen time? YES NO
(If yes, how much screen time per day? \_\_\_\_\_)
Do you have any concerns about your child's hearing or vision? YES NO
Any concerns about your child's development? YES NO

Does your child: (check all that apply)

- use cup/spoon scribble follow 1-step commands
run use 5-15 words help with dressing
walk up stairs throw objects in play bring books to read
stack 2-3 blocks point to 2 body parts show interest in other children

Social/Behavior:

If parent(s) work, who cares for your child? \_\_\_\_\_
Are there any family or social issues you would like to discuss? YES NO
Any concerns about your child's behavior (i.e. tantrums, hitting, biting)? YES NO
Is discipline (such as teaching, setting limits) a problem? YES NO

Safety/Preventative Health:

Are you brushing your child's teeth with a smear of fluoride toothpaste? YES NO
Has your child seen a dentist? YES NO
Is your home "child-proofed"? YES NO
Is your home/car a smoke-free environment? YES NO
Does your child use a rear-facing car seat 100% of the time? YES NO

\*\* A child should be rear-facing as long as possible, until they reach the highest weight or height allowed by their seat\*\*

Do you have any questions/concerns about vaccines? YES NO
Any recent illnesses or fevers in the last 24 hours? YES NO
Does your child have any allergies (that you know of)? YES NO
Please list any medications or supplements you child took this week: \_\_\_\_\_