

Patient ID \_\_\_\_\_

Patients Name \_\_\_\_\_

PCP \_\_\_\_\_

DOB \_\_\_\_\_

Today's Date \_\_\_\_\_

2 Month Old Parent Observations

Are there any concerns you would like to discuss today? \_\_\_\_\_

Feedings:

Any concerns about feedings? Yes No  
Are you breastfeeding? Yes No If yes, are you giving Vitamin D drops? Yes No  
If bottle feeding:  Pumped Breastmilk  Formula (Name: \_\_\_\_\_)  
How many bottles in 24 hours? \_\_\_\_\_ #of ounces per bottle: \_\_\_\_\_  
Does your child spit up very often, forcefully, or with discomfort? Yes No

Voiding/Stooling:

Any concerns about voiding or stooling? (i.e. constipation, diarrhea) Yes No  
Quality of stools:  Liquidy/Seedy  Soft/Mushy  Hard pellets/Logs

Sleep:

Any concerns about sleep? Yes No  
Is your child sleeping on his/her back? Yes No  
How many uninterrupted hours of sleep at night (i.e. in between feeds)? \_\_\_\_\_  
How many naps per day? \_\_\_\_\_ How long is each nap? \_\_\_\_\_  
Is your child sleeping in a:  Bassinet  Crib  Co-Sleeping in bed with parent

Development:

Are you doing tummy time daily with your child? Yes No  
Do you have any concerns about your child's hearing or vision? Yes No

Does your child: (please check all that apply)

- lift his/her head 45° above surface
- react/turn to noise
- follow with eyes to midline
- grasp an object placed in hand
- have head control when held upright
- make cooing sounds
- smile
- have differentiated types of crying

Social:

If parents plan to return to work, who will be caring for your child? \_\_\_\_\_

Are family members and siblings (if any) doing well with the baby? Yes No

Safety/Preventative Health:

Does your baby use a rear-facing care seat 100% of the time? Yes No  
Do all family members buckle up with seat belts? Yes No  
Is your home/car a smoke-free environment? Yes No  
Any recent illnesses or fevers in last 24 hours? Yes No  
Any questions or concerns about immunizations? Yes No  
Please list any medications or supplements your child took this week: \_\_\_\_\_