wasatch pediatrics | ST. MARK'S

PT ID: _____ Patient's Name: _____

PCP: _____ Date of Birth: _____

Today's Date: _____

2 Week Old Parent Observations

Are there any concerns you would like to discuss today? _____

_____

Breast Feeding (if applicable):

Number of feedings per day: _____ per night: _____

Infant takes _____ minutes per feeding

Any breast-feeding difficulties? ..... YES NO

Are you giving Vitamin D drops? ..... YES NO

Formula Feeding (if applicable):

Formula Name: _____ With iron? ..... YES NO

Number of feedings per day: _____ per night: _____

Number of ounces per feeding: _____

Do you have any questions regarding formula? ..... YES NO

Voiding/Stooling:

Approximate number of wet diapers per 24 hours: _____

Approximate number of stools per 24 hours: _____

Quality of stools: ☐ Liquidy/Seedy ☐ Soft/Mushy ☐ Hard pellets

Sleep:

How many uninterrupted hours of sleep at night (i.e. in between feeds)? _____

How many naps per day? _____ How long is each nap? _____

Is your child sleeping on his/her back? YES NO

Is your child sleeping in a: ☐ Bassinet ☐ Crib ☐ Co-Sleeping in bed with parent

Development:

Does your child: (check all that apply)

- ☐ move all extremities
- ☐ wake for feedings
- ☐ raise his/her head
- ☐ grasp your finger when placed in palm
- ☐ fix eyes briefly on object
- ☐ able to be calmed
- ☐ focus on your face
- ☐ react to noise

If parent(s) plan to return to work, who will be caring for your child? _____

Are family members and siblings (if any) doing well with the baby? ..... YES NO

Does your baby use a rear-facing car seat 100% of the time? ..... YES NO

Car Seat Assistance and Inspection: 801-662-CARS (2277) at Primary Children's Hospital

Is your home/car a smoke-free environment? ..... YES NO

Do you know how to take your baby's temperature and what a normal temp is? ..... YES NO

Call our office promptly if your infant is younger than 3 months and has a fever over 100.4°

If this is your child's first visit to our office, please also complete the Birth History portion of the "Newborn Parent Observations" available from the front desk. Thank you!